

TWGHs C.Y. MA MEMORIAL COLLEGE ENGLISH MAGAZINE

ISSUE 18

# ALOHA

2023



HALLOWEEN  
PARTY  
SCHOOL PARTY 2022

RESTAURANT  
REVIEW  
TURKISH FOOD

SURVIVING  
COVID  
STUDENT WRITING



ISSUE 18  
2023

THE STUDENT ENGLISH MAGAZINE OF  
TWGHS C.Y. MA MEMORIAL COLLEGE

# ALOHA

SCHOOL ACTIVITIES

## ENGLISH WEEK CORNERS OF THE WORLD

English Week at C.Y. Ma is a great time for exploring the world of English. Each form took part in various hands-on English activities during their regular English lessons. And there were fun activities every lunch-time during the week for everyone to join.

### LUNCHTIME ACTIVITIES

#### Freestyle Football

On Day 2 (Tuesday) lunchtime we watched a spectacular display of Brazilian freestyle football in the covered playground. And then members of the Football Team got a training session to try it themselves.



#### ENGLISH WEEK 2023

April 24 – 28

- Day 1 Film Show
- Day 2 Freestyle Football
- Day 3 Countries Day
- Day 4 Inter-House Quiz
- Day 5 English Café

#### Countries Day

Our school invited guests from International Cultural Exchange (ICE) to help run the English Week activities. On Wednesday, students and teachers visited booths set up by them at school to learn more about different countries around the world.



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## ENGLISH WEEK

### English Café

English Week lunchtime activity Day 5, Friday



The final day of English week was celebrated with food, music and drink. The pancakes and fruit punch were delicious!



### Form 3 Cooking



Form 3 were in the school kitchen, learning the secrets of perfect flatbread and building up their cooking skills.



## CLASS ACTIVITIES

### Form 1 Bollywood Dance



In the school hall, Form 1 students learnt and practised the colourful, dynamic and highly theatrical dance style seen in Indian films.



### Form 4-5 Global Dialogue

Each class in Forms 4 and 5 had a very engaging English activity in their classrooms. Guests from around the world used interactive presentations and group discussions to share their culture with our students.



### Form 2 Henna



Form 2 tried out henna tattoos in their classrooms, using the plant-based dye of the henna tree.





## ENGLISH SOCIETY RESTAURANT REVIEW

**ADDRESS**  
Ground Floor, Man Cheong Building,  
239 Castle Peak Road, Yuen Long  
**PHONE**  
27800225  
**OPENING HOURS**  
Mon – Sun 11:45 – 16:00, 18:00 – 22:00



Pilau rice and Turkish bread



Doner Kebab Roll and Turkish Coffee



### English Society Review Design

The restaurant has a design that captures the essence of Turkish culture. The use of colour and texture creates vivid wall art, and along with the pictures, gives a great representation of the history of Turkey.

### Food

It's clear that this restaurant serves both Asian and Arabic food. They have some great options for Turkish food, with unique and interesting dishes that are sure to delight those with a taste for this region. The menu is varied with a range of flavourful spiced foods. The portions are generous and there is plenty for sharing. The Turkish coffee here is extremely authentic and prepared in the proper way.

### Service

The staff here are so attentive and make sure their guests are happy and comfortable. They are really hard-working and it is clear they care about the experience of their guests.

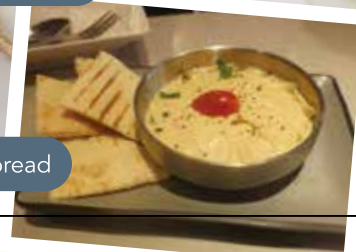
### RESTAURANT HIGHLIGHT



Mixed salad with crispy bread



Spiced beef skewers



Hummus with pita bread

### Restaurant Review

The Aloha English Magazine restaurant review this year comes from a Turkish restaurant near Yuen Long Plaza on Castle Peak Road.



A relaxed and comfortable environment with Turkish design



Teachers Mr. Gray, Mr. Kenny Chan and Miss Sophie Po joined the students for lunch



Unique and interesting dishes



English Society members (from left) Laiba, Tom, Aliba (Chair), Brian



An enjoyable and satisfying meal



### Safranbolu RATING

Our Marks from 5

Visual Appeal	4
Taste	4.5
Freshness	4.9
Healthy	5
Value for Money	4
<b>Overall</b>	<b>4.2</b>





Wednesday  
26 October 2022

# SCARY HALLOWEEN

Halloween is always an eerie time of year at C.Y. Ma, and the Halloween Party this year was one of the best yet! Students transformed themselves into all sorts of weird and wonderful creatures to mingle around and terrify each other. Teachers (not just English teachers!) enjoyed the event with their special Halloween t-shirts and Trick-or-Treat pumpkins. The party included a Recycled Scary Dress-Up Show - classes needed to create a design and then model it on stage in the Covered Playground, along with a scary story for the audience and judges.



Wigs, Hats and Tattoos



Party Mood



Dark and Creepy



WOOOOH!!

# Halloween Party Scary Dress-up Show



3D



3A



Bottle Head



1C

Bag Lady



1A

Dino Boy



2C

Paper Bag Man



2D

Bride-to-be



3C

Bag Man



2B

Tissue Face



6A

Sad Chicken



4C



# Reading Award Scheme

## Bookmark Design Contest 2023

The English Department organises two reading competitions for Forms 1-3 each year. In the First Term, students reviewed a book that they have enjoyed reading. In the Second Term, students designed their own bookmarks. Students were asked to use their creative talent to make a beautiful bookmark to celebrate the joy of reading. Here you can see the winning designs, along with a brief note from each student to describe their design.



### Bookmark Designs



**Tang Kit Sum, Mimi 3D**

Books are treasure banks storing wisdom passed down from generation to generation. Knowledge is treasure, let us immerse ourselves in an ocean of knowledge.



**Hui Sze Lam, Eve 1C**

The girl was awakened by the call of the ocean, She would do great things and save many people. The girl turned into a jellyfish and cured everyone from the epidemic, but the girl then disappeared.



**Tong Wing Lam, Sally 2D**

Seeds germinate in the hearts of children, becoming leaves as they grow. The world is full of wonders, and there are not only universes hidden in a small bookmark ...



**Chow King Yeung, Alvin 1B**

The design idea comes from my favourite fantasy novels – Harry Potter. This bookmark facilitates reading, to mark where to read and the progress of reading. If I give it to a friend, it can be understood that we have become book friends.



**Lam Yuk Wah, Jennifer 1A**

May everyone's dreams be realised and recognised through hard work, unhurt by any cruel words in this world.



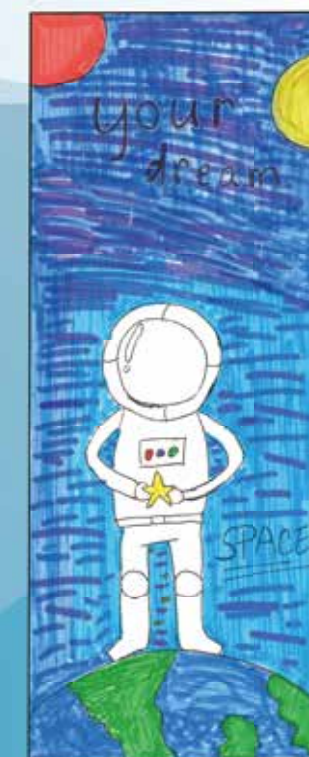
**Ng Tsz Yu, Kitty 1C**

For my bookmark design, I mainly focus on new graphic patterns brought together to display visual distortion. I tried to use lines in different ways to create brand-new patterns for the visual effect.



**Wong Tsz Fung, Ziv 1C**

Jojo is a superhero who fights for good. The Killer Queen turns everything she touches into bombs, but Jojo can defeat her with his gold diamond.



**Zhao Kwan Yu, Cathy 3D**

We all have dreams. Different dreams for different things, even travelling to space like an astronaut. We all share having a dream, and I hope everyone can overcome obstacles.



**Li Qing Jun, Lilith 1B**

The Little prince met a fox in the desert who taught the Little Prince what love and responsibility are. You have to feel them with your heart. No matter what the world is like, keep your heart pure and love life.



# Language Across the Curriculum Day

Every Wednesday is LAC Day at school – a day each week for using English around the school, not just in the English classroom. LAC is a whole-school approach to learning language across the curriculum and is especially promoted on Wednesdays. On LAC Day, fun activities are held at lunchtime by different school subjects and departments. Here we look at some of them from the past school year.

## LAC DAY LUNCHTIME ACTIVITIES

### September

#### Board Game Day Wednesday 7 September

Catching up with each other at the beginning of the school year.



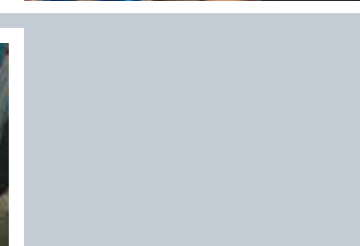
#### A Good Start Day Wednesday 14 September

Wishes and dreams for the new school year.



#### National Day Wednesday 28 September

Celebrating National Day.



Most of the lunchtime activities this year have taken place in the open air at the front of the school steps.

### October

#### Technology Day Wednesday 12 October

Examining and taking apart old computers to see how they work.



#### Art Day Wednesday 19 October

Students get creative designing bags in the school library.



### November

#### Science Day Wednesday 23 November

Students learn the principles of science with telescopes and lava lamps.





## February

### Exam Skills Day Wednesday 1 February

Students have the chance to learn new ways to revise for exams.



### Chinese Cultural Day Wednesday 8 February

Making paper fans from old lai see packets after Chinese New Year.



### Forensic Science Day Wednesday 15 February

Students learn about the science behind different blood groups.



## March

### Teachers' Day Wednesday 15 March

A day for students to show their appreciation to teachers.



## May

### Economics Day Wednesday 10 May

A team of enterprising BAFS students sell their wares in the covered playground.



### History Day Wednesday 24 May

Students try to match national symbols to countries around the world.





Outstanding Writing Award  
City University of Hong Kong  
One Health COVID19 Writing  
Competition  
30th of April 2023

Aliba Saghir 4C

# A Desire to Live

## A Personal Reflection on the Impact of Covid

I have learnt to live with the bare minimum, comfortable with what I already have. Lockdown has taught me what is truly valuable in life and what's a facade. It's given me an opportunity to slow down in this fast changing world and to appreciate what truly matters: friends, family and the connections I have made over the course of my life. From going through my daily schedule on autopilot to barely having a schedule in my own house, I'm rediscovering myself. And with every passing day, I'm rekindling with my passions, my likes, my interests and, most importantly, my desire to live, rather than merely survive.

Understanding what I really want was always really hard for me because I have always wanted things that others have and things that are trendy nowadays. Understanding what I really want it's funny how it takes the entire world coming to a stop for me to realise that maybe, just maybe, I have been doing things the wrong way after all. Of course it's important to put bread on the table, but it's equally important to keep my heart fed with the things that it really wants. Maybe it's that music lesson I have been wanting to take since I was 10, but never could find the time for. Or maybe it's just spending some time with loved ones. The point I'm trying to make here is that even though the world seems like it's falling apart on the outside, on the inside, it's been a healing experience for a lot of us. At least, it has been for me.

Many of us have been using this time to do things that we generally wouldn't, things we'd normally shun with an excuse of not having enough time. But now, time really does feel like an absurd concept, doesn't it? The truth is, it was never really about time, it was about prioritising. In a world where instant gratification is the norm and everything is at our fingertips, the virtue of patience seems long lost. I have been bombarded with content on social media and streaming platforms and am constantly stimulated by text messages. Somewhere along the way, I have lost my ability to sit still and appreciate what is, rather than what isn't. My observation might seem a little harsh, but it's reflected in everything I do. From that summer body I have always longed for, the language I want to be fluent in. I always want it all in a moment, I don't want to wait, because waiting is boring. More importantly, waiting is hard. So, what can I take away from these hard times? Despite all that has gone on, there have been some positives to the world coming to a stop. It's forced us to take a step back, think, understand and appreciate what it means to live and not just survive. And that's something I'm going to try to hold on to for a long time to come.

As for education, my online experience is disturbing - ever since we had no school and stayed home due to quarantine, I have been more busy than usual. I don't really like online school because it makes me procrastinate to do my work last minute, while when I was at school I finished all my assignments on time without feeling lazy. The only thing I like about online classes is that they have helped me learn how to be independent, manage family time and school work. I am not as concerned about my grade as much because it can't drop lower. I don't really like how some of my teachers are giving us more assignments now than in the past. Also, I don't understand how to do a lot of classwork because I forget or it's difficult to understand without anyone's help. Being physically in a classroom, I have more classmates to ask for help. In class, I can ask the teacher for help as many times as I need. It's totally different online because I only have myself to use as a resource - I would rather have physical communication with a teacher.

Online learning for me is confusing and too stressful because there are times when my family is using the Internet at the same time as me. Or there's been a moment where the system failed to turn in my assignment at all, and I did all that hard work for nothing. However, what I like about learning online is that I'm not as pressured to present myself as an excellent student, I can relax more, as well as think more and I mean really THINK because, in a school environment, I, as well as other students have to pace ourselves to think, which for most of us causes stress and anxiety. Compared to my experience as a student in a physical classroom, online learning is definitely harder because I and maybe other students, even the independent people that like working by themselves, are so used to working with other students. If I could choose from wanting to do more online learning in the future, I will not because, although I'm the independent type, the vibe of learning online at home is just not the same as in a classroom with other students.

COVID-19 had a significant effect on my academic life. My school life changed. The change began when our school implemented the online education system to ensure that we continued with our education during the lockdown period. At first, this affected me negatively because when learning was not happening in a formal environment, I struggled academically since I was not getting the face-to-face interaction with the teachers I needed. Furthermore, forcing us to attend online caused my classmates and me to feel disconnected from the knowledge being taught because we were unable to have peer participation in class. However, as the pandemic subsided, we grew accustomed to this learning mode.

If there is one big area that the pandemic affected, it was the mental health of everyone. For my family and myself, the COVID-19 pandemic caused increased anxiety, depression, and other mental health concerns that were difficult for my family and me to manage alone. Our ability to learn social resilience skills, such as self-management, was tested numerous times. One of the most visible challenges I faced was social isolation and loneliness. The multiple lockdowns made it difficult to interact with my friends and family, leading to loneliness. The changes in communication exacerbated the problem as interactions moved from face-to-face to online communication using social media and text messages. Furthermore, having family members and loved ones separated from us due to distance, unavailability of phones and the internet created a situation of fear among us, as we did not know whether they were alright. Moreover, some people within my circle found it more challenging to communicate with friends, family, and co-workers due to poor communication skills. This was mainly attributed to anxiety of the higher risk of spreading the disease. It was also related to a poor understanding of creating and maintaining relationships during this period.

During the pandemic my family bought in a new member Bella who is a kitten - and the value of a loving pet became apparent. I have learned a lot about how humans can relate to kittens that I was not aware of before. I learned that you can connect with such an animal at a level I never thought possible or perhaps neater really explored - this kitten, during this pandemic, has served as our therapist, yoga instructor, meditation guide and fellow afternoon nap enthusiast. I know there are other animals that have served as pets to help people with the stress of the pandemic - I would expect people in my community to have had a similar experience with their pets and the bonds they have made with them.



Aliba (5th from left) at the Award Ceremony 2023





Tam Ka Ying, Karen 1C

# A Dog's Life

My friend, Alex, has got a dog recently. He was happy to have a life partner. To his disappointment, the dog turned out to be a burden to him.

His dog seemed to be a little bit out of control at first, especially during night time. His dog liked to bark at midnight. Alex has tried every method to make it calm down but it didn't work. Alex had to bear countless sleepless nights and worse still, even his neighbours came to knock on his door for the noise.

One day, he took the dog out for a walk. The dog got fierce suddenly and tried to run away. At first, he barked at the passersby but then he tried to chase the legs of every person. Luckily, no one was hurt.

The dog was more ill-behaved when no one was at home. Alex came home one day and saw trash, excrement and paper everywhere. The sofa was completely damaged with bite marks. The murderer - the dog - seemed to be pleased with his masterpiece. Alex was desperate to know how the dog was so naughty from the day it arrived home.

It was fortunate that the dog met Alex, as Alex was a dog lover, and a very responsible person. He took the dog to see a vet. The vet examined the dog thoroughly. The vet said 'The dog has Post-traumatic Stress Disorder, it must have gone through a very tough period.' Alex decided to be patient. He tried to train the dog even more patiently, play with it more lovingly and take it for a walk more regularly. Then, the dog gradually became better behaved and nicer too. Alex now finally feels contented with the good progress. He hopes the dog can really get over the sadness from the past and stay with him as his best companion.

## Pets in Hong Kong

Caring for a dog can be hard work. Security, comfort and a lot of love are some of a dog's basic needs. You should also provide a dog with plenty of exercise.

	Number of animals	Percentage
Dogs	197,700	37.7%
Cats	99,200	18.9%
Turtles and Tortoises	98,300	18.7%
Birds	51,800	9.9%
Hamsters	38,300	7.3%
Rabbits	12,200	2.3%
Other	27,300	5.2%
<b>TOTAL</b>	<b>524,800</b>	<b>100%</b>

(source: spca.org.hk)

## SCHOOL ACTIVITIES

# Form 1 Drama

This year Form 1 students had drama as part of their regular English timetable, with the lessons spread over the school year. In the classrooms, chairs and tables were cleared away to make an open space to move around.



In the lessons, students developed their self-control, confidence and creativity while having fun.



A final performance by each class was watched by the whole school on the afternoon of Thursday 25 May 2023.



1C perform The Strong Giant



1A in Brightworths School of Magic



1B get ready to perform The Haunted House

Puzzle Page (p. 20) Answers 1) It's the upside-down blue T half way down and slightly to the right. 2) A formula is the best way to answer this:  $16 + (8 \times 2) + (4 \times 2) + (1 \times 2) + (1 \times 2)$  to which the answer is 44. 3) Look at the left side to find a pair of white ears sticking out from behind one of the many mushrooms.



# Food

## How to Make Pancakes

Makes about 16  
4 large eggs  
400ml full fat fresh milk  
4 tablespoons of melted butter  
220g plain flour  
Teaspoon of salt  
150ml water



Miss Po and Miss Chan in the kitchen



The Janitor is so valuable in getting the pancakes made on time, pictured here with Miss Leung



Mr. Gray



For the English Week Café this year, our team of English teachers and Form 5 girls managed to cook 200 pancakes in the morning, ready for the lunchtime event. The English-style pancakes use lots of eggs and butter and are very different to the fluffy American pancakes served at McDonald's, and taste better too.

Students really loved the pancakes we prepared, so here we share the recipe – not for 200 pancakes, but a more manageable 16.

1. Sift the flour in a large mixing bowl and add the salt.
2. Add the eggs and completely mix with the flour.
3. Combine milk and water. Add a small amount to the egg and flour mix. Start whisking, add the milk and water a bit at a time until finished. Finally add the cold melted butter.
4. Cover and leave for at least half an hour.
5. Heat the frying pan, just add a little oil. Spread a small cup of the batter across the bottom of the pan. When it begins to colour, flip it over and cook for another 30 seconds.



### Tips

- Take your time making the batter. After mixing, letting it rest for half an hour will allow the flour to do its magic.
- Get the pan really hot to get the pancakes thin and crisp.
- Only a very little oil is needed in the pan, and it makes them easier to flip too (use both hands).



The pancakes were reheated and served at lunchtime by English Society members. Just a dry pan, with no oil, is needed for reheating. Toppings were strawberry and condensed milk, chocolate sauce, and lemon and sugar. Delicious!



## SCHOOL TRIP

May 2023

## VIRTUALLY VERSAILLE HONG KONG HERITAGE MUSEUM EXHIBITION

Now that the Covid-19 health emergency is over, both students and teachers have been eager for learning experiences outside of the classroom. Here we share one of the school trips from the last year. A group of Form 4 History students, accompanied by Miss Wong, spent an interesting afternoon appreciating the splendours of the French Palace of Versailles at a virtual exhibition held at the Hong Kong Heritage Museum.

Form 4 boys pose in front of a painting of Louis XIV, also known as the Sun King, on horseback.



Jason 4B takes in a 17<sup>th</sup> century painting of King David playing the harp by Italian artist Domenichino.



'We wanted to learn more about European history. The screens were interesting and the technology was clever.' (note the paintings on the ceiling)



'The staff were really helpful. The VR had a 3D effect and I could move around inside the palace.'



'The interactive displays motivated us. If I had the chance and money, I would travel here.'



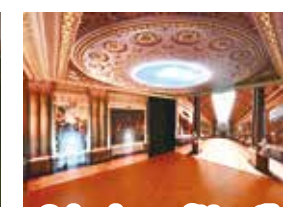
'The bicycles were amazing and took us around the Gardens. It was beautiful.'



Versaille Style



The Nature of Versailles



Splendours of Versailles



Innovation at Versailles

### REAL VERSAILLE

The Palace and Gardens are located 20 kilometres west of Paris. A train from Paris takes 40 minutes and costs 7 Euro return. [en.chateauversaille.fr](http://en.chateauversaille.fr)

### VIRTUAL VERSAILLE

Presented by the Leisure and Cultural Services Department and French May Arts Festival. Hong Kong Heritage Museum 2023.4.19 - 2023.7.9 [heritagemuseum.gov.hk](http://heritagemuseum.gov.hk)



# THE PUZZLE PAGE

1. How quickly can you find the T amongst the Ls?



2. How many triangles are there?



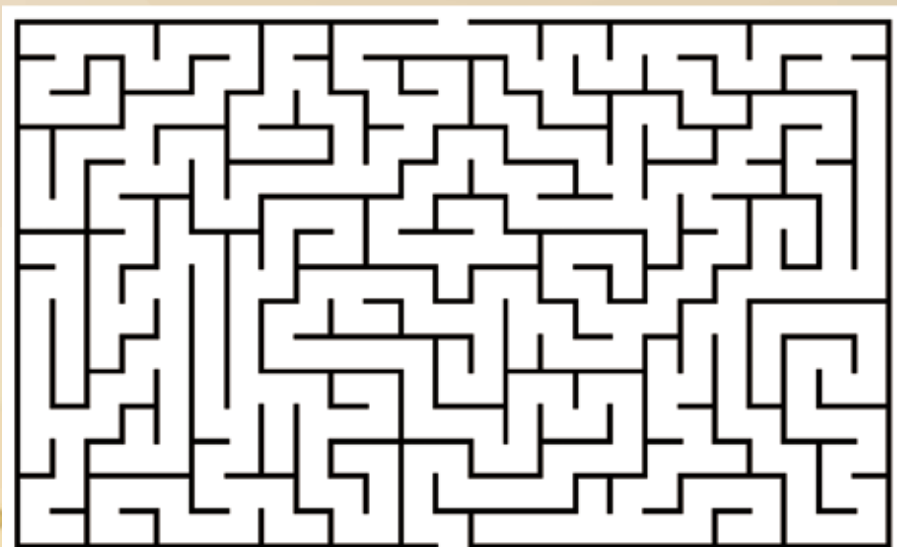
4. Sudoku

1	4	2		9				5
7			4					8 9
8		5						2 4
2					4	8		
	3				1	2	6	
	8			7	2	9	4	1
	5		2		6			
	2	8			9	4	1	
	7	9	1		8	5	3	

5. Maze

Draw a line from start to finish without crossing any of the lines.

START



FINISH

## Halloween

The Halloween Party at C.Y. Ma is always held in the last week of October. Why is that? Well, the actual date of Halloween is 31st October every year. The word 'Halloween' comes from 'All Hallows' Eve', meaning the evening before the holiday of All Saint's Day on November 1st. For many centuries, people have dressed up and gone door-to-door, and these traditions continue today.

R	T	A	C	T	H	C	T	I	W	R	B	Y	K	F	S
F	S	J	A	K	S	A	M	N	E	B	E	O	S	L	H
T	O	P	N	E	D	G	R	D	O	R	S	E	N	A	A
F	H	C	D	T	A	U	R	E	F	T	L	F	U	A	B
E	G	K	Y	T	N	O	M	O	D	G	E	N	F	L	Z
K	C	I	T	S	M	O	O	R	B	I	T	L	P	Q	Q
O	L	N	D	I	G	J	X	T	I	E	P	Q	E	X	Y
C	R	O	S	Z	U	X	T	O	D	H	K	S	J	K	M
F	R	O	J	K	P	B	O	T	R	I	C	K	Z	D	S
I	R	M	R	H	U	W	E	N	T	I	P	R	U	E	Y
N	E	E	W	O	L	L	A	H	I	S	W	T	A	B	K
A	F	R	A	I	D	C	L	T	M	K	A	G	T	Q	C
G	F	E	R	I	P	M	A	V	R	Z	P	C	I	T	U
F	D	T	R	B	P	E	F	I	R	E	U	M	V	Q	L
I	A	G	Q	K	R	B	M	W	G	B	T	V	U	Q	N
C	I	T	Y	T	S	V	I	R	V	E	D	S	S	P	U

Can you find the Halloween words?

AFRAID  
BAT  
CANDY  
CAT

GHOST  
HALLOWEEN  
HAUNTED  
MASK

MOON  
PUMPKIN  
SKELETON  
SPIDER

TREAT  
TRICK  
UNLUCKY  
VAMPIRE  
WITCH





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