

ISSUE 17

ALOHA 2022

Make a Wish





CORNERS OF THE WORLD

ENGLISH DAY 2022



Front Cover Photo – Make a Wish lunchtime activity. September 14 2022

SCHOOL ACTIVITIES

English Day

CORNERS OF THE WORLD

Due to the arrangement of the Special Vacation this year, English Week turned into an English Day to celebrate international culture. An organisation called ICE (Inter-Cultural Education) arranged the activities with our school, helping us to host guests from all over the world. It was really great for students to be able to interact with people from different corners of the world, including from countries in Asia, Europe, Africa and South America.

Here we have a look at the events that took place on English Day 2022.



Cricket

Catch and hit the balls!

Bollywood Dance



Music Show



Wonderful to enjoy some music from different parts of the world.

Henna



Students from Form 2 get their own henna designs.

Global Dialogue



Guests from Europe, Africa and Asia share their insights into their cultures with our students.

Halloween Party

Halloween is always a fun time at school, and the party this year was spooky business as (un)usual. Teachers were skeletons and students dressed up as all kinds of scary characters. Imagination ran wild and it was actually quite tricky to figure out exactly who was under some of the creepy disguises. See if you can recognise anyone in the photos here!



These two in red claimed to be from Squid Games



Weird and wonderful creatures



Halloween Tongue Twisters



Spooky Korean guests



Pure magic at school



Trick or Treat with Miss Leung and Miss Fung



Who is this?

HAPPY HALLOWEEN!



The Principal (right) and Vice-Principal (fifth from left) help to make the Halloween Celebration a special event.



Mr Lam unafraid even at Halloween

Christmas Party

In a disrupted school year, it was great that we were able to celebrate Christmas together at school. There was a festive gathering of teachers and students in the covered playground in the week before the Christmas holidays and the atmosphere was relaxed and fun.

English Society members helped with the writing and sending of Christmas cards.

Enjoying Christmas party snacks and dessert.

Jeffrey (6A) and Nicole (4A) entertain us with Christmas music and songs.

Merry Christmas



Food

VEG-MIND CAFÉ

A Vegetarian Café in Kam Tin

ENGLISH SOCIETY
RESTURANT REVIEW

Western - Vegetarian Meatless
Menu - Coffee Shop

ADDRESS

Ground Floor, Sky City, 110 Ko
Pak Tsuen, Kam Tin, Yuen Long

PHONE

2881 6621

Opening Hours

Mon - Fri 09:00am - 19:00
Sat - Sun 09:00am - 21:00

Why eat Vegetarian Food?

- It's healthy
- It doesn't harm animals
- Personal preference, e.g. not liking meat
- Religion, e.g. some Buddhists
- It's good for the environment



Hardy Hung, Rose Cheng (3C) and Kary Zou, Nicole Lai (4A) visited Veg-Mind Café in June.



Food

You order the food at the café counter. Most other customers ordered separate dishes for each person. We were a group of six and so we were able to order different dishes to share. The food was light and delicious, with lots of different flavours.

Environment

We arrived early at the café and sat inside, where there are just 14 seats. Inside is bright and airy, with big glass windows and white walls. Outside there are another 26 seats, which filled up quickly even though it was a weekday lunch-time.



All day breakfast. The vegetarian bacon was amazing. It doesn't look very much like bacon, but the taste is exactly the same as real meat bacon.



A good selection of dishes to share.



One of the dishes was creamy spaghetti with mushroom and truffle. It was excellent, without the truffle being too overpowering.



The menu doesn't have lots of dishes, which makes it easier to choose.

Why Kam Tin?

Kam Tin is nearby our school and it's great to support independent restaurants which have newly-inspired menus. There are many new and upcoming restaurants in Kam Tin. The rent for a new restaurant is cheaper than more central areas in Hong Kong, like Mong Kok or Tsim Sha Tsui. Also, during the Covid pandemic, Hong Kong people haven't been able to travel overseas on holiday easily.

Instead, they have been visiting places all over Hong Kong, including Yuen Long and Kam Tin.



The quesadilla is a Mexican dish, a bit like a sandwich and a pizza together. The one at Veg-Mind Café had fresh vegetables, avocado and a creamy sauce.



Veg-Mind Cafe RATING Our Marks from 5

Visual Appeal	5.0
Taste	4.5
Freshness	4.5
Healthy	5.0
Value for Money	4.0
Overall	4.5



This was the only drink we didn't like so much. It's made with avocado, and the texture was too thick.



There was a very good selection of drinks. They were imaginative and refreshing.



LIU BINGKUN 4A

A true story of compassion about a dog that was lost but not forgotten.



I like animals very much. I had several dogs when I was young. What impressed me most was the dog named Happy, who came to my house when I was 8 years old.

We moved to the city which is far away from my hometown when I was 12 years old and my parents didn't allow me to keep Happy. I was very sad at that time. I took him to my aunt's house and went back to see him during the summer vacations, but he disappeared two years later. I was very sad. I know someone must have taken him away because my aunt said that at that time, many people were selling dog meat and often wandered nearby and Happy might have been caught by them. I hate those people.

Recently, I saw a video about the adoption of stray dogs on the Internet. Looking at the skin diseases on the dogs, I was very distressed. Out of kindness, the people who adopted stray dogs gave water and food to the dogs, but the dogs didn't dare to touch it. They just smelled it. Looking at this film, I understand why it was like this. I can imagine how badly the last owner treated the dogs. I can only say that animals are also a life. Maybe you don't like them, but please don't hurt them.

Seeing this video, made me think of Happy. At that time, he always accompanied me to school. Although my home was only 100 metres away from school, he would follow me like a bodyguard to the door of the school, and then he went home. When I saw him again, he came to pick me up after school. It was like this every day. I'd take him to the fields at weekends. I'm happy when I remember it now. But it's like Happy was abandoned by me. He may have fallen into the hands of those who sell dog meat and kill dogs, or he may have lost its way to find me, just like the stray dog in the story. I'm sorry for everything and want to tell you to be kind to animals.

It is a blessing to see that there are many animal protection associations in society. These organisations are voluntarily participated in by people who love animals, such as stray dogs or cats. They will help look after these stray dogs and cats and provide temporary accommodation for these stray dogs and cats until they are adopted by kind-hearted people.

With love, we can change the fate of these animals.

SPCA (Hong Kong)

Founded in 1903, the Society for the Prevention of Cruelty to Animals (Hong Kong) is one of the longest-standing animal welfare charities in Asia. The mission of SPCA Hong Kong is to rescue and rehome abandoned animals and educate the public. <https://www.sPCA.org.hk/en>

LAC DAY

Language Across the Curriculum Day

Morning Assemblies

Every Wednesday is LAC Day at school, and an English language morning assembly and a lunchtime activity are held every week. The assemblies and activities are not just about practising English, but also for learning about different subjects and exploring interesting things in our daily lives.



A wide range of fascinating topics about student life and study are covered in the morning assemblies. At times, subject teachers join the student representatives to present some new ideas together. It is also a great experience for students to give speeches in front of the whole school!



Lunchtime Activities



Getting ready for exams



The Science Department ran interactive magic experiments



Maths Puzzles to solve



Battle of the robots in an IT activity

Chinese Cultural Day



In the Qing Dynasty, both men and women wore full length robes as outer wear, like the ones worn by Louis 3C and Andy 3D here.

Chinese Cultural Day this year was a celebration of traditional Chinese culture at school and a chance to learn and experience some of the art forms that have prevailed in China over the centuries.



Pitch-pot is a traditional Chinese game in which players throw arrows from a set distance into an arrow holder.



In this workshop, students learnt about the rich history of Chinese pottery. They then had a chance to design a decoration for a pot shaped in a style from the Zhou Dynasty.



Masks have played a role in Chinese opera for many centuries. Being able to design the masks is just as important as the skill of performing, and here students got creative to make their own.



Mr. Tang tries out paper-cutting, one of the oldest and most popular folk arts in China.

The Art of Sichuan 'Face-Changing'

A highlight of the Chinese cultural day was being treated to a rare live performance in the school hall of a unique art, bian lian or 'face-changing'.

The elegant Anna Chu is the first woman in Hong Kong to have performed the secret art of bian lian for which Sichuan Opera is famous.

The beauty of bian lian is to show a character's emotions, such as happiness, sadness or anger. The actor cannot just swing their head and show the mask. Expression from the body and eyes is the most difficult thing to learn, and the most important.



Students were absolutely enthralled by the performance. They then had a chance to get up close to the performer and even have a try at 'face-changing' themselves.



Random Act of Kindness

One day I was shopping at YoHo Mall with my mom. We were trying to look for a present for my dad, but we needed to buy something cheap because my family doesn't have lots of money.

We just took a little time and found lots of good stuff for presents but we could not get any of them because nothing was really affordable for us. So we kept looking around and searching as if we were hunting in the forest. Finally we found a nice neck tie which cost \$99 and we both thought dad would like as he never got a tie for himself.

So we took the tie and took all the money from our pockets and purses. We started counting the money we had while we were waiting in line.

We were so happy as we were counting, thinking how happy dad would feel when he was trying out this beautiful tie. After all the counting was done, mom looked at me with concern, and told me that we were \$16 short. We had no choice but to put back the tie on the original shelf unwillingly.

Out of nowhere, a little old lady came to us and she told me and my mom that she had an extra coupon and wanted to give it to us for free! She said she had used one coupon and had nothing left to buy. The coupon was more than enough to close the balance and we were so glad that we could bring the tie back home. That lady could never imagine how happy we were and how grateful we were, her little action had a special influence on my family.

Junior Form Student

Usually when students write about helping others, we are told about how the student helped someone. This piece of writing stands out because this time 'a little old lady' helped the student. It is touching and shows us that even a small act of kindness can have a big impact, or as the writer says 'That lady could never imagine'.

Imagine a world where we can succeed by being nice ..
Where we all look out for each other ..
Where we all pay it forward ..
And where kindness is the norm.
<https://www.randomactsofkindness.org/>

DEAR ALOHA YOUR PROBLEMS SOLVED

Dear Aloha,

Recently I've been feeling down about putting on weight. I often eat small treats in the evening, but I think the sugar in them isn't great for my skin and I actually look a bit fat these days. I like to relax after dinner by playing online games and it's comforting to have something nice to eat. But sometimes I forget the time, and when I look at the clock, it's way past midnight! I'm afraid I'm spending too much time on the online games, but I really can't see me not using my mobile phone. Do you have any suggestions about what I can do?

It's tough being a student these days, and I think it's important that I relax. But I feel I'm just not doing it in the right way. I often end up worrying about my homework, instead of just sitting down and doing it, and sometimes I have a problem getting to sleep. The exams are added pressure at the end of each term too. I hope that you can give me some advice about all of this.

Yours,

Worried Form 3 Student

Dear Worried Form 3 Student,

Thank you for sharing your problems with me. Here are some suggestions. I hope they can help.

Firstly, you said that you are too fat and you have some skin problems. I can totally understand your mood. It seems that you have eaten too many snacks and you can't stop eating them. In my opinion, you can eat some healthy fruits instead of snacks. You can also eat more vegetables. Besides, it is a good idea to try to do more exercise, such as running 30 minutes a day. This can help you build good health and keep a good mood.

Secondly, you said that you were addicted to the Internet, which you can't live without. In my opinion, it may be helpful if you put your mobile phone away when you sleep. Also, it's a good idea to read some books and join some outdoor activities in your free time. You can go hiking and swimming with your friends, which will help you relax and be less addicted to the computer.

Last but not least, you said that you feel stressed from the homework and exams, and it's hard for you to sleep well at night. I have had the same experience before so I can understand your feelings. Based on my experience, you can relax yourself away from the homework when you get home, like doing some sports. Then, you can start doing your homework and have a break every 30 minutes, which is good for both your body and mind. If you still feel stressed and nervous, you can just talk to your teachers for more advice. Just be calm and avoid too many bad thoughts. You have to believe in yourself.

I hope that my suggestions can more or less help you solve your problems. If you have any questions, please feel free to write back to me!

Sincerely,

Aloha

KELVIN NG 3C

PUZZLE PAGE

The World Around Us
WILD ANIMALS IN HONG KONG

SODOKU

Easy

				3	2			
8								9
			8				7	
		1					5	2
5		3						8
					4			
			2		1			4
	7	2	6		3	1		
	5	4			7			

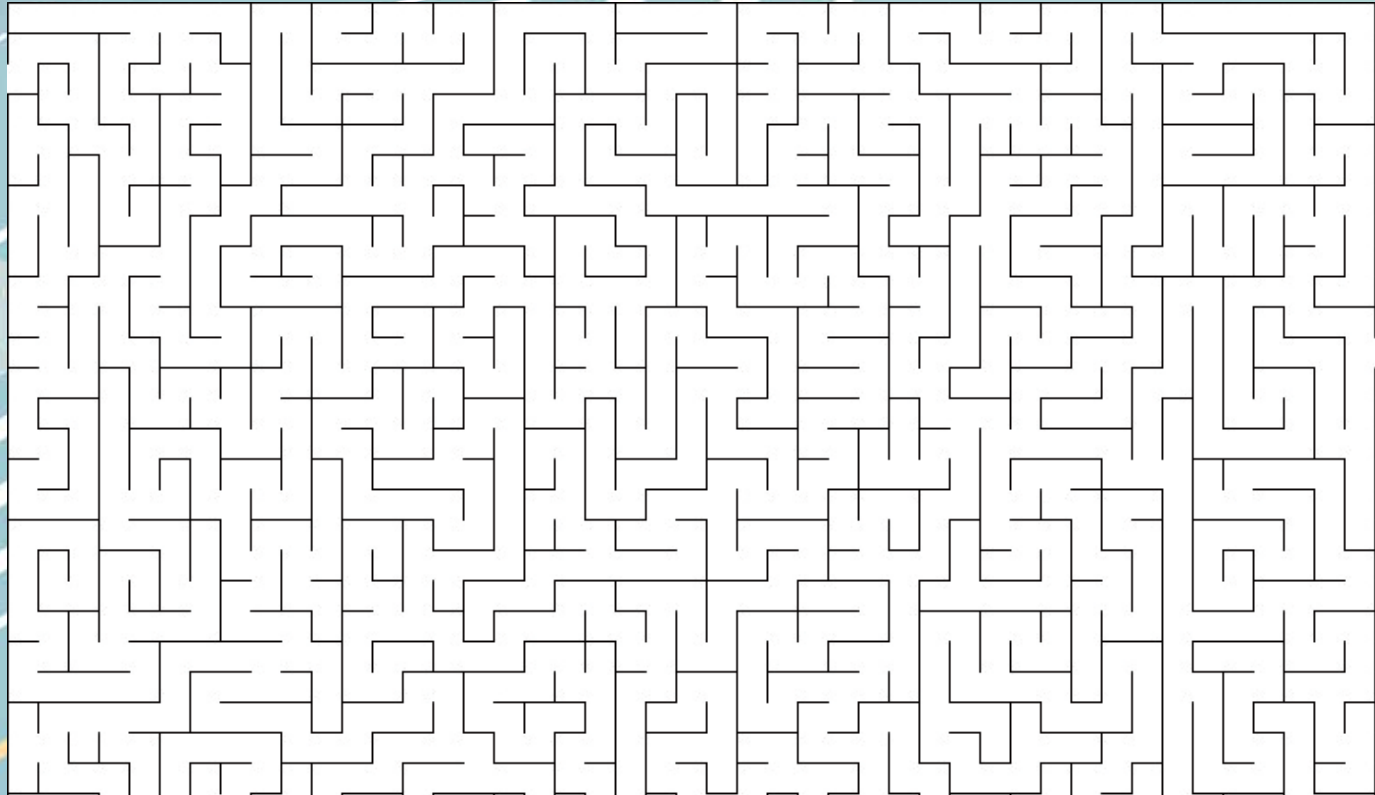
HARDER

4		3	1		9			
	5			4				
	2					3	6	
2					7	5	1	
				2				
1			3				2	
					4	9		
	7	4		5				3

MAZE

Draw a line from start to finish
without crossing any of the lines.

START



FINISH

F	S	Y	E	P	R	M	F	D	G	G	W	B	H	N	T	Z	G
B	E	U	L	K	N	I	H	P	L	O	D	A	Q	A	O	I	X
H	D	T	V	F	A	R	E	D	I	P	S	T	C	L	B	Y	Z
N	T	C	V	D	E	N	B	U	F	F	A	L	O	W	S	T	W
Q	G	A	X	L	P	R	S	P	S	N	O	B	V	O	J	I	A
N	T	H	T	E	C	Q	I	L	E	M	W	E	Z	E	W	O	Y
A	F	R	V	M	U	Y	I	F	N	O	E	R	I	A	R	Z	M
C	U	X	E	I	L	Z	J	L	A	N	T	H	Y	N	Y	Y	U
T	B	L	R	S	A	L	K	D	I	K	O	R	E	M	W	L	W
A	U	R	L	R	V	V	P	P	R	E	D	L	U	R	U	Z	B
G	E	R	D	I	G	J	U	G	O	Y	Z	Q	W	R	O	I	M
L	B	A	M	H	B	C	Y	L	F	R	E	T	T	U	B	N	F
O	L	O	U	A	R	N	G	U	H	J	N	A	B	U	L	T	Q
I	V	B	T	O	M	X	O	I	L	K	A	W	H	C	X	E	Y
D	K	Q	P	Z	U	I	J	O	Q	S	U	J	W	K	H	V	G
N	E	B	N	M	B	G	T	S	P	F	R	O	G	P	Z	I	X
C	Z	E	F	M	C	R	G	R	B	S	E	S	C	X	F	C	B
Y	O	Q	R	E	C	I	X	O	E	B	A	C	R	M	C	X	G

The words in the puzzle are all animals that live in Hong Kong's wonderful natural environment. See if you can find them all!

BUTTERFLY
SNAKE
BOAR
TURTLE
BUFFALO

HERON
MONKEY
SQUIRREL
DOLPHIN
SPOONBILL

FROG
PORCUPINE
CAT
DEER
BAT

LIZARD
CIVET
FIREFLY
OWL
SPIDER

ALOHA

TWGHS C.Y. MA MEMORIAL COLLEGE
ENGLISH MAGAZINE



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English is Everywhere!

