

TWGHs C.Y. MA MEMORIAL COLLEGE ENGLISH MAGAZINE

ISSUE 14

ALOHA

2019



25th SCHOOL ANNIVERSARY
EDITION



Paintings above from top left to bottom right:

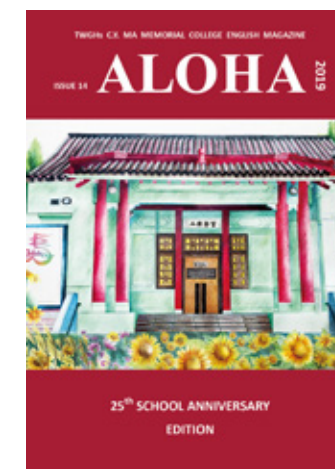
1. Chen Sze Wai 1C
2. Fong Chun Hei 1C
3. Tang Hoi Kuen 1A
4. Shek Man Kiu, Chong Sin Ying 1B
5. Lau Chi Ching 5C
6. Chan Sze Ki 2C
7. Chan Chin Fung 1C
8. Chan Chung Lok, Teng Chin 2C
9. Wong Po Po 3B
10. Chan Wai Shing, Wu Ka Ming 1A

Paintings displayed on Ground Floor – First Floor Stairwell and Corridor for the 25th Anniversary year.

Cover of Aloha image: Miss Amy Siu, Visual Arts Teacher



Issue 14
2019



THE STUDENT ENGLISH MAGAZINE OF
TWGHS C.Y. MA MEMORIAL COLLEGE

ALOHA

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LAC DAY

Language Across the Curriculum Day

LAC Day is held every Wednesday, a day each week when English is promoted beyond the classroom and all around the school campus. Starting at the school gate in the morning, students are encouraged to use English as much as they can with each other and teachers.

Wednesday morning assemblies are in English and lunch-time activities are held by different school subject teachers and students. All school subjects and school groups are involved in working together with students in using English. Both teachers and students get used to using more English on LAC Days and the language environment at school becomes one where students can practise using English naturally.



Miss Siu, Visual Arts Teacher, introduces caricature drawing lessons and a LAC Day lunch-time activity during the LAC Day morning assembly.

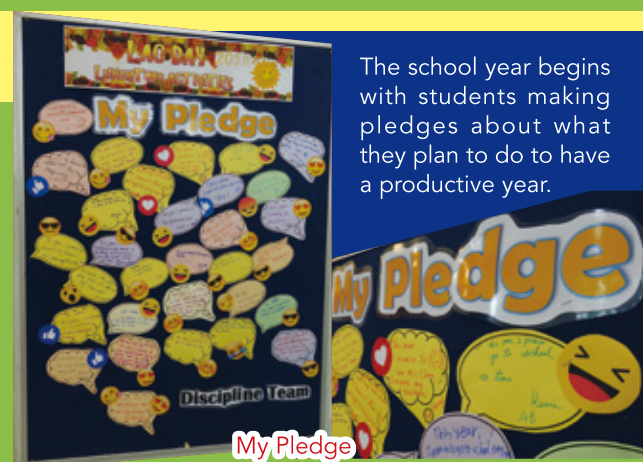
LAC Day Lunch-time Activities

The LAC Day lunch-time English sessions are activity-based. The activities aim to be fun, engaging and challenging. Here we look back at students taking part in the activities of different departments in the 25th Anniversary school year.



Scotland Study Tour

The school study tour to Scotland taking place in July 2019 was promoted at the beginning of the school year with a Scotland Quiz and shortbread biscuits.



My Pledge

The school year begins with students making pledges about what they plan to do to have a productive year.

Most activities are held in the covered playground. Students can turn up for the activities they are interested in and there are also games to play.



Board and Card Games



Student Union Music Café



The Student Union treated everyone to some tasty desserts while we listened to music and sang.



Economics - Talking about currencies in the morning assembly



Music Quiz

The Music Quiz, played on iPads, asked students to identify types of music, country of origin of pieces of music, and singers and composers.



Liberal Studies Bingo

Liberal Studies Bingo has turned into a fun annual event met with great enthusiasm by students.



Popular prizes



Visual Arts 3D Printing



This was a really interesting activity, where designs were first made on paper and then put in the 3D printing machine to get a real 3D product.



Halloween Party



Every year students go crazy about Halloween, this time dressing up, getting tattoos and putting on face paint to act out all sorts of weird and wonderful roles.



SCHOOL ACTIVITIES



A time of joy and togetherness with the Principal, teachers, parents and students.

Language Across the Curriculum Day



Chinese New Year Celebrations



LAC Revision Day before the First Term Exams



Students get ready for the exams and learn about study strategies with their teachers.



Geography – The Water Cycle

Making 'Water Cycle Bags' to illustrate the processes involved in the circulation of the earth's water.



Screen Printing

A hands-on activity requiring skill and dexterity to produce a stylish screen-printed bag.



Making Binoculars

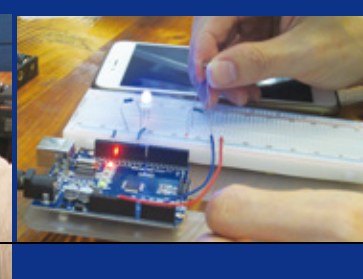


Having fun and learning about the principles involved in binoculars.



Computers – LED Displays

Learning about the LED component of computers and mobile phones.



By 1C Students

MY FIRST YEAR AT C.Y. MA

Form 1 students reflect on their recollections of the first week at a new secondary school, highlights of their first year at C.Y. Ma, and wishes at the end of Form 1.

Vic Chan

In the first week I remember I had to spend a lot of time to remember what room is at each floor in the new campus. The school has more clubs, such as archery and more subjects such as Chinese history, science and home economics. It was difficult to adapt to the new school at first. In Form 1 I like being a part of the Student Union and Archery Team. The Archery Team was the best thing. Now at school I want to make more friends, not only in Form 1.

Nicole Lai

I remember on the first day of school I had to wake up so early. At school I made some friends and remembered half of the students' names in class. Everything was new at the beginning. I felt excited, happy, joyful, nervous, special – because it was a new environment that I needed to adapt to. In Form 1 I started to blend into the school. I performed in the school musical and inter-house competitions and joined the Student Union. Now I am friends with almost the whole school but I will miss being a Form 1 student.



Class 1C

Yanny Tsui

I remember my new teachers were Mr. Wong and Miss Chan. When I walked around the school, I thought it was so big and beautiful. I needed to learn to speak Cantonese, because before I could only speak Putonghua. I was happy but a little bit sad because I didn't understand Cantonese at that time. Now I have learnt Cantonese and English well and want to learn more at school. I know some good teachers and so good friends at C.Y. Ma. I am a little reluctant to finish Form 1, but looking forward to the future campus life.

Kary Zou



I made new friends and played with them, so was very happy in my first week at C.Y. Ma. My class teachers Mr. Wong and Miss Chan were new to me in school. I felt not bad starting at C.Y.

Jack Shi

I remember giving homework to the teacher. I gave Harry a candy on the first day and he was happy. The classroom was new and had six fans and two air conditioners. The people at school were friendly and good. I like the computer and science classes the most. The best thing about Form 1 is I have never gone to the detention class and I have never been late with homework. Now I am finishing Form 1 I feel happy and sad.

Kylie Lan

I liked my first week at school. My class teachers Mr. Wong and Miss Chan were nice to us and I met some new friends at C.Y. Ma. I think the best thing about Form 1 was my Chinese teacher is Mr. Wong because he is funny. Sometimes in the Chinese lesson, Mr. Wong will talk about Chinese history with us, which is fun.

Shelly Chen

I remember in the first week my classmates and my class teachers all talking together. My class teachers told us interesting things about the school. I felt happy and interested. In Form 1 I felt the Tree Climbing Team was so great. I have taken part in the guitar class in the dorm room. I have taken tests and exams and got good results. I think there will be many activities and things for me to study when I finish Form 1.

Tony Yip

I remember my Maths teacher Miss Chan in the first week at C.Y. Ma. My Maths class can use English to teach, which is interesting. I was happy in my first week because I like this school. It's small but clean. I bought many pens. The best thing in Form 1 was Sports Day in February. At school I got number 1 for results in my form in the first semester. I am excited but afraid about finishing Form 1 because Form 2 is unknown.

Class 1C



ENGLISH WEEK

The school annual English Week was held during the first week of April. This year, for our 25th Anniversary, we were assisted by Intercultural Education (ICE). The group brings international guests to secondary schools to teach Global Lessons and hold English activities. Our students were curious to find out about our guests and the wider world during English Week and found the lessons and activities very engaging.

ENGLISH LESSON TOPICS

FORM 1: Outdoor Activities
FORM 2-3: World Travel and Customs
Form 4-5: Climate Change



1A



1A



1C



2B



2B



5A

Kunti and Cheryl (4A) from the English Society and Sam and Jim (5A) announce the English Week activities during the morning assembly.



English Week Day 1 Activity - Capoeira



Capoeira

Capoeira is an Afro-Brazilian martial art that combines music, dance and acrobatics. It uses kicks and spins and requires power and speed. Our Capoeira session for the day was led by Daniel Hemsworth, a native of Sydney, Australia, who helps to run the GCBHK Capoeira Group in Hong Kong. Students revelled in the fast and energetic combat to the rhythm of chants and music.

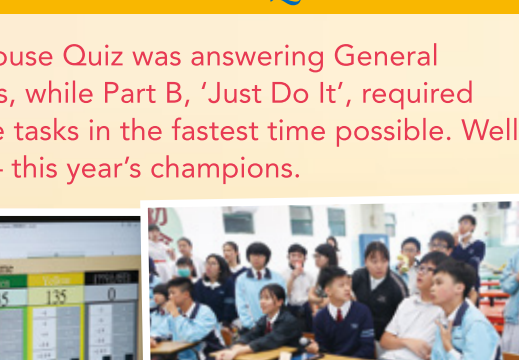
English Week Day 2 Activity – Treasure Hunt



Day 2

Day 2 and Day 3 Activities of English Week were run by our own English teachers. For the Treasure Hunt, students needed to race around the school to find answers to clues on iPads. Congratulations to the winning teams – 1A, 2A and 3C.

English Week Day 3 Activity – Inter-House Quiz



Part A of the Inter-House Quiz was answering General Knowledge questions, while Part B, 'Just Do It', required students to complete tasks in the fastest time possible. Well done to Red House – this year's champions.

Day 3

English Week Day 4 Activity – Global Village

The Activity for Day 4 of English Week was organised by our international guests and featured chat with them and snacks from around the world. A pleasurable conclusion to a great English Week!



Day 4

Shangri-La Curry House Yuen Long

ENGLISH SOCIETY
RESTAURANT REVIEW

An intricately carved wood door graces the entrance to the restaurant.

LOCATION

On Ning Road, not too far from Long Ping MTR and just behind Yuen Long Plaza.

OPENING HOURS

11:00 – 15:00
17:30 – 23:00

TYPE OF RESTAURANT

Indian with Nepalese influences.

ENVIRONMENT

Very peaceful with colourful murals of Himalayan scenes on the walls. There were 9 tables and 35 seats, set with table cloths and everything was spotlessly clean. The staff were friendly and polite. The lady who served us must be one of Yuen Long's calmest waitresses, making the ordering of food a pleasure. The feel of the restaurant is traditional and authentic. The subdued lighting and some light Himalayan music helped set the scene for us.

Beef Curry with tomato was a favourite – quite spicy and with tender pieces of meat.



Poppadum – crispy and light.



The garlic naan bread was warm, soft and chewy, all at the same time. A perfect accompaniment to the richness of the curry dishes.

Alloo Chat (potato and cucumber) salad.



Our meal started with complementary servings of poppadum, served with mint dip and pickled shallots. Then we moved onto vegetarian samosas with mango lassi. Lassi is an Indian yoghurt-based drink that is both cool and refreshing. The samosas were big, stuffed full of potato and peas - the teachers said they already felt quite full after eating just one each.



Vegetable samosas and creamy mango lassi.

English Society reviewers (from left): Louis Chan, Kunti Chau, Madhuri Chau (all 4A), Annisa Kayani (1B), Yuki Chan (1C).



The Himalayan murals on the wall help create a serene atmosphere.



The small bar and serving area transports you to another world.



We ordered really quite a lot of food from the menu. Two members of the English Society are vegetarians - one of the reasons for reviewing this restaurant. The Indian sub-continent is renowned for its vegetarian cooking, and the Shangri-la Curry House did not disappoint, with a good selection of tasty non-meat dishes (our vegetarians said they can sometimes get stuck for vegetarian food when dining out in Yuen Long).

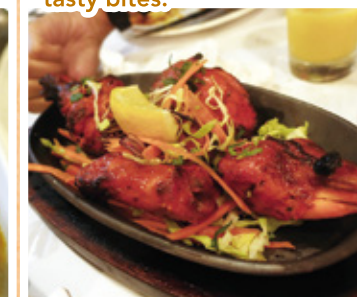


Prawn Curry – so delicious.

We particularly enjoyed the tandoori chicken. It was served on a sizzling hot plate and was mildly spiced and tender. The marinade had flavoured the chicken all the way through, making for tasty bites.



Vegetable Kofta Curry. Another appetising vegetarian dish we tried was the cauliflower and potato curry.



Happy Diners

The English Society members had been looking forward to an Indian lunch all week, saying they like Indian food a lot. They felt that the food we were served was perfect for sharing and after the lunch felt quite full and very happy.

Overall, the Shangri-La Curry House is excellent food at good prices with superb service and a comfortable atmosphere. This makes our restaurant in this year's ALOHA definitely worth a visit.

The Shangri-La Curry House RATING Our Marks from 5

Visual Appeal	4.5
Taste	4
Freshness	4
Value for Money	3.5
Repeat Customers?	All Yes (for special occasion)
Overall	4.2



RECIPE

CRÈME CARAMEL

Crème Caramel is a classic French dessert made with a delicious eggy custard and a layer of bittersweet caramel. Both can be tricky to get right. Here, students from 4A joined Mr. Gray and Miss Maggie Chan to try their best. The decoration with berries and mint was done on a second day, after the desert had cooled down in the fridge.



What You Need

(makes 12)

For the crème:

- 1 litre whole milk
- 2 vanilla pods
- 200g caster sugar
- 4 eggs plus 8 egg yolks

For the caramel:

- 120g caster sugar
- 120g soft brown sugar

For the decoration:

- Berries
- Mint



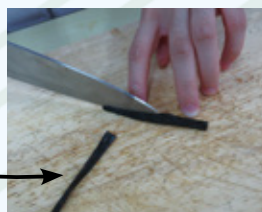
Vanilla Beans

We used vanilla beans for the flavouring. Vanilla beans or pods are from an orchid called Vanilla that is mostly grown in Madagascar and Mexico. It is expensive (the second most expensive spice after saffron) but extremely flavourful.

Make It!

- 1 Pour the milk into a pan. Cut the vanilla pod in half and scrape the seeds into the pan. Add the pod to the milk too. Bring milk to the simmer, then turn off the heat and cover.

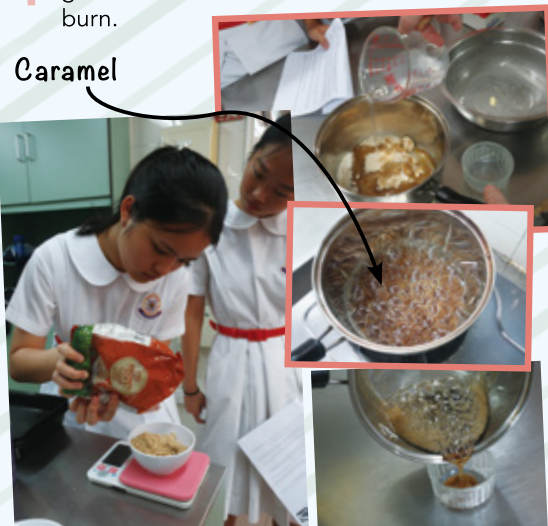
Vanilla Beans



10

- 2 Grease the containers (called ramekins) with butter.
- 3 Put the sugar for the caramel into a saucepan. Just cover the sugar with a little bit of water. Bring to the simmer. Let it bubble until it is thick like syrup and a dark golden brown colour. Do not stir. Do not burn.

Caramel



- 4 Quickly but carefully put the caramel into the containers. Cover the base of the container and the bottom of the sides. Let the caramel set (become hard).

5

Put the eggs and yolks into a bowl and lightly whisk together. Add the sugar and whisk to just combine. Heat the milk until hot (not boiling). Remove the pods from the milk and slowly pour the milk into the bowl, stirring all the time. Then leave it to settle.



6

Heat the oven to 150C.



7

Skim the foam from the top of the crème, pour through a sieve into the containers (grease the sides of the containers with butter again first). Cover the containers with tin foil.



8

Pour very hot water into a tin to two-thirds of the way up the containers. Bake in the oven for 15 minutes, then remove the foil and bake for another 12-15 minutes, or until the crème is just set but still slightly wobbly at the centre.



9

Remove and let cool completely and then put in the fridge overnight.

10

To serve, run a slim knife around the crème caramel and invert onto plate. Decorate with berries and mint.



Student Comments:

It's smooth to eat.
It's very sweet and can have less sugar.
It's quite easy to make and decorate.
The vanilla flavor isn't very strong. The egg taste is good.



Teacher Comments:

Though this was easy to do, it was quite easy to get wrong too. The vanilla needed longer to infuse and the caramel needed longer too.

11

STUDENT AUTOBIOGRAPHIES

by 2C

These autobiographies are quite personal, so names have been left out, but the students have said they are happy to give their names to you personally if you can guess who wrote each piece.

I was born in 2004 in Xinjiang in North-West China. I grew up in Shenzhen and lived as a cross-border student. I settled in Hong Kong in 2018. I have a big family, but I am an only child. They all live in Xinjiang. I will go to my hometown to find them in the summer vacation. I have a very lovely niece and a very lively cousin. Many of the pleasures of my childhood days in Xinjiang were brought to me by them.

I am studying in S2 in TWGHs C.Y. Ma Memorial College. I am involved in the Prefect Team, Flag Raising Team and I am a librarian. I am very proud of my positions. My favourite subject is Chinese, because Chinese enables me to use my brain flexibly and is very interesting. My Chinese teacher is also very nice, which promotes my interest in Chinese. I have a good time at school because I have many good friends who accompany me and comfort me when I am unhappy.

In my spare time, I like to do something that makes me happy to relax and frees myself. I like to listen to songs. I decide what kinds of songs to listen to according to my mood. I also like reading books, but most of them are horror and suspense novels. I think it can improve my thinking and attitude.

When I was a child, my relatives would take me to play in the mountains when I was on vacation. I would rush into the sheep and scare them so they ran away. This was a fantastic pursuit for me, but now the opportunities are getting less and less. Not only because I am old enough to concentrate on my studies, but also because I want to spend more time with my grandmother who has not gone out for a long time.

My parents work at the grass-roots level. My mother is a waitress and my father is a truck driver. Our family's life is simple but I have a very satisfying and contented life.

I was born in 2015 at St. Teresa's Hospital in Hong Kong. My family is a small family of three people. My mother is a housewife and my father is a warehouse employee. At the warehouse there are many things to do so he goes home late every day. When I was young, there were only me and my mother. Dad only went home on weekends. Most of the time my mother was with me and took care of me. So compared with Dad, I am closer to my mom.

When I was 4 to 6 or 7 years old, we often moved to different places, I also often transferred to different schools. Every time when I made a new friend I had to transfer again. It was not until the second grade of elementary school that I stopped moving around. At the school I participated in different painting competitions. I really like drawing and painting. It makes me feel very relaxed. I won many awards for the school. But I prefer the process of creation. I like working hard with teammates to work together on common works. It is more meaningful than winning.

My future dream is to be a fashion designer. I hope that my friends and family can wear my clothes.

I was born in 2004 in Hong Kong. I attended Tung Wan Mok Law Shui Wah School. I was involved in the Lion Dance Team and the Scouts. Outside the classroom, I joined a racing team. Now I am in TWGHs C.Y. Ma Memorial College. I have participated in short film creation class in the dormitory.

I am very motivated to create the best possible future for myself, and have worked very hard to set that up, because I hope that in the future I will be a lawyer. So I will try hard to study English. Besides studying, I want to be a motorcyclist. I think that being a motorcyclist must have the following conditions: persistence, bold practice and hard experience.

I want to study abroad to help me learn other languages. I hope that one day I will become an international lawyer and work for a company like DLA Piper. Through this work, I will be able to travel and help people in other countries. I hope that my life will then be complete.

I was born in 2005 in Tsuen Wan. Apart from my parents, I have a younger brother in my family. I attended Luohu School For Hong Kong Children in Shenzhen from kindergarten until the sixth grade. In that school I had some good teachers. They were nice and polite.

I currently attend Tung Wah Group of Hospitals C.Y. Ma Memorial College. I am involved in the Flag Raising Team, the English Society and the Chinese Club. My school really has a lot of interesting activities. I think it is good for our studies. Also I can learn a lot more things that cannot be learnt in lessons.

I am very motivated to read Chinese and English books. When I was young my parents told me: 'People should read more books. If you read a lot of books you can have a very nice life.' My family like reading books. They all have a book shelf in their bedrooms. I have a big book shelf in my bedroom too. We always go to the Hong Kong Book City to read books. If I read a book and I see some words I don't know I will not give up the book, I will look up the words in a dictionary.

My favourite volunteer experience has been helping old people who live alone. When I went into their homes, I saw their homes were clean and simple. There were no dirty things. I was impressed that the old people could tidy their homes like that. I thought the old people can't work like us and it would be dirty. I think this experience made me feel surprised.

This year I plan to be a member of the Student Union and be a Prefect Team leader. I hope my exam marks can be improved.

Do you understand yourself? What is your love? What are your hobbies? I understand myself very well.

In 2003 I was born in a little town in China. Her name is Qinzhou. Why do I say 'her'? Because she is just like my mother. It is not rich, but it is a happy town. People live joyously there. When I was 10 months old, I could run and spoke a few Chinese words. I thought this was normal, but I heard a teacher say 'You are a genius!' Oh, after that time arrogance brought me decline. At primary school, I felt fighting was more important than academic performance. I could get self-confidence. This was my feeling, but a bad idea. I didn't possess friends but 'evil associates'.

When I was in third grade, I started to learn English. But you know, I was a bad guy, I didn't like to learn English. I played truant from school. But in 2017 I got an opportunity, I migrated to Hong Kong. Here, I restarted my life. Exams! They happen so quickly, I don't like them. I don't have a choice, so I just accept it. Finally, I have a good ranking. Now I feel my life is abundant. I have more friends and a good achievement. Failure to Success. I will not lose myself.

25th Anniversary Stardust The Musical

The first public performance of the 25th Anniversary school English musical was held at the anniversary celebration ceremony in the school hall. It featured a dedicated all-junior form cast who did a superb job of inspiring the audience through acting, music and dance. Hopefully, the cast will treasure the memories of their experience and be further inspired themselves.

The musical director spent many long hours with the cast choreographing every movement during the songs.



Reflections by Candy Ye 3C

After the prize-giving ceremony at the 25th anniversary celebration, it was our show time! We had been preparing for the performance since last summer. I was very nervous before the show, however I felt excited once it got started. I was one of the main actors – Mandy. The story was about how Mandy pursues her dream with the help of her friends. The musical involved a cast and crew of over 20 students and different production teams. We all cooperated greatly and the show went smoothly. We were so happy after the success of the show and teachers said they were proud of us too.

I hope our school will keep on thriving and our school life will be more fruitful and joyful.

The Story

A modern-day Sleeping Beauty, it features a young girl called Mandy as the main character. She is tragically struck down in an accident right at the beginning of the story as she makes her way to an acting audition. All she ever wanted was to be an actor, and after the accident only her friends can help rescue her dream.



The opening number of the musical by the whole cast: *We are Dreamers*.



Two angels reassure Mandy that she is loved by those around her.



Performing *Follow Your Dream*.



Mandy, played by Candy Ye, in a coma in hospital as her mother and two best friends try to comfort her.



The frightening school Principal foils the badly thought out plan by Mandy's friends.



Mandy's friends take part in a talent show to try to help her.



Mandy's friends celebrate the result of the talent show as Mandy finally makes a recovery and reappears.



Two school alumni (Jervis Chan and Tansy Sum, Class of 2018) take part in the talent show too – and win!



Amongst the audience were our honorable guests.

The Stars of the Show

Back row left to right: Annie Tse 2C, Lily Feung Chen 3B, Ruby Ma 3C, Bella Leung 2C, Candy Ye 3C, Miffy Fung 3A, May Li 2C, Nicole Lai 1C. Front row left to right: Monde Yau 2C, Ming Tran 3B, Mike Chan 2C, Evan Leung 2C, Moses Mo 3B, Victor Cheung 2C, Henry Kwok 2B, Jase Chiu 3B, Simon Yeung 3C.

Reflections by Bowie Chui 2C

At the 25th anniversary celebration ceremony, I was responsible for backstage. I need to help the heroine, Mandy, to change clothes and I have to carry boxes and blow up balloons and so on. Although I was busy and things were heavy, I really enjoyed the process.

The musical had the theme of the 25th anniversary celebration, 'Love, Dream, Fly'. The story was about the heroine, Mandy, who with the help of her friends, successfully realised her dream of being an actress. Let us not fear the future, let us dare to pursue our dreams! The drama was very exciting and interesting. I was so happy to be one of the team.



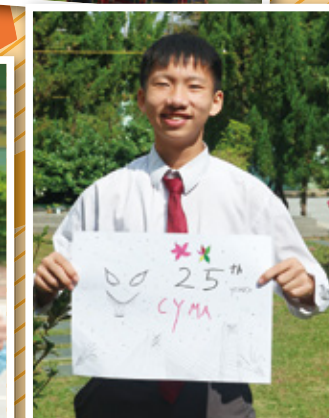
Backstage on the day of the performance.



At school, Mandy's friends hatch a plan to help save Mandy.

Director: Hollis Ngai. Music Directors: Sui Lung Wong, Holden Man. Script: Hollis Ngai, Andrew Gray. Production Managers: Jeanne Law, Pamela Chan.

HAPPY BIRTHDAY C.Y. Ma!



Celebrating 25 Years



SCHOOL EVENTS



TUNG WAH GROUP OF HOSPITALS C.Y. MA MEMORIAL COLLEGE 25th ANNIVERSARY CELEBRATION CEREMONY

Distinguished Guests



Mr. Vinci Wong with Ms. Chan Miu Ha, C.Y. Ma Principal



Playing table football, a gift from Directors of the Tung Wah Board



Our Principal with Ms. Ng Shuk Ying, first Principal of C.Y. Ma



Mr. Vinci Wong, Chairman of the TWGHs Board of Directors with Dr. Albert Ma Hon-ning, JP



The School Choir performing



Mr. Vinci Wong with Mr. Michael Leung Chi Kin, Tung Wah Principal



Mr. Ho Sai Cheong and Mr. Lam Chi Ming (front), Tung Wah Principals



Mr. Cheung Ip-sung, Secondary School Section Assistant Education Service Secretary



Mr. Chow Ying Tai, Tung Wah Principal



Decorating the celebration cake



Reception and activities following the ceremony



Mr. Chow Hing Chung, Tung Wah Principal, with a caricature drawing by Chan Tsz Wing, 5B



Dr. Ma with our Principal and Mr. Chan To Kin, Vice-Principal



C.Y. Ma teachers and staff



The audience enjoying the anniversary school musical

VANCOUVER

TUNG WAH STUDENT AMBASSADORS VANCOUVER STUDY TOUR

The TWGHs Student Ambassador Tour this year was to Vancouver in British Columbia, Canada, with 28 students from all 18 TWGHs secondary schools taking part. The tour was led by Mr. Vinci Wong, Chairman of Tung Wah Group of Hospitals. The theme of the tour was to gain an understanding of the past, present and future development of the city, with a focus on the Chinese diaspora experience in this part of North America. In addition, students explored the beautiful natural surroundings around Vancouver in order to appreciate the pristine environment and nurture a sense of the importance of environmental conservation.

GRANVILLE ISLAND

After Gastown, on the first day, we visited Granville Island, which is a part of Vancouver under Granville Street Bridge. It's a quite small area but packed with stores and shops that sell fruit and vegetables, cheese and ice cream. There were also shops for arts and crafts and music. We spent a lot of time in some music shops, which had some nice musical instruments, like small drums and maracas. We didn't explore everywhere because there was a ViuTV film crew following us to make a programme. Finally, after a visit to a nearby park, we went to the hotel.

1

SIGHTS OF VANCOUVER

Simeon Mak (5A)

Simon Mak represented our school on this tour and here he shares his reflections on some of the places visited, along with photos he took to document the trip.

2

GASTOWN

When we arrived, (we were pretty tired at the time), we visited Gastown in downtown Vancouver where we learnt about the original history of Vancouver. Gastown was the first settlement and the old commercial centre in Vancouver. We saw a steam-powered clock and the statue of John Deighton, who was one of the original settlers.

The weather was fantastic. During our trip, it was good every day, always with blue skies (we were lucky) and the air was so fresh, way better than Hong Kong. I was always comparing the air quality to Hong Kong, there was a big difference.

3

PUMPKIN FARM

This was quite a way to travel to. I was impressed by the farm because there were so many pumpkins. They were different to the ones in Hong Kong – green, white, big, small. In Hong Kong there is just one type. We had never heard of a pumpkin farm, so it made us curious. We were there before Halloween and there was even a small haunted house. It was a nice visit with great weather – a comfortable temperature. We relaxed and played a team game of guessing the weight of pumpkins.

4

FAIRCHILD TV AND RADIO STATION

This is a local Chinese TV station which serves the local community. The station broadcasts in Cantonese. Vinci Wong was interviewed with the four student leaders of each group (before the trip our group was divided into four). In Vancouver there are a lot of people from ethnic minorities. The feeling of Vancouver is very familiar – the culture and the language. We can see simplified and traditional Chinese and a large amount of people speaking Cantonese. On the trip some people asked us in Cantonese if we were from Tung Wah and where we were going.

5

CANNERY AND SHIPYARD

A lot Chinese went to North America, including Vancouver, to build the railroads. They helped a lot in British Columbia and businesses could expand. This was one of the businesses, producing canned salmon. It's now called the Gulf of Georgia Cannery National Historic Site. Now Vancouver is much more built up and the Chinese have stayed and more have moved there. The Chinese are one of the group of races that is still significant in Vancouver.

6

SEA TO SKY GONDOLA AND CAPILANO SUSPENSION BRIDGE

On this day we experienced the natural environment. We went up the cable car to the mountain top and had a good view of the water. The suspension bridge was in a park. It didn't feel as safe as the cable car but was more natural. It was a peaceful and green place with so many trees. Compared to Hong Kong, the places we went were much bigger and we felt comfortable. We weren't always looking at high-rises like in Hong Kong, where you feel compressed and like you can't breathe.

7

WHALE WATCHING

We went out for a half-day trip whale watching. We saw some whales, but we couldn't see the whole body and they were a long way away but we were excited to see them. We also spotted seals and saw a lighthouse. The boat we were on had two decks and could carry a lot of passengers. We were with the Tung Wah Chairman, Vice-Chairman, Directors, some of their families and the teachers, all together. The whole experience was unique. We chatted a lot with the Directors. We found that they are not always very formal. They smile and they're easy to chat with. Whale watching was not only watching whales, but a whole memorable experience too.

VEGETARIAN WE CAN COOK

One of the most hands-on LAC Day lunch-time activities this year was a vegetarian cooking competition organised by Project WeCan and led by Hong Kong Polytechnic University students. Junior Form students paired up to prepare healthy non-meat dishes for the Judging Panel to sample. In the end, there was no clear winner – all of the dishes were enjoyed by the Judging Panel and students alike.

PLATE 1

EGG SALAD WITH FRENCH DRESSING

Mr. Lam and Karen Shum 3A

The judges liked the freshness of this salad, and with the addition of eggs, it made for a hearty dish.



PLATE 3

SCRAMBLED EGG WITH TOMATO

Kris Peng and Chloe Zhong 3B

This was simple yet delicious, and expertly cooked. It would make a satisfying breakfast at the weekend.



PLATE 2

SANDWICH WITH SWEET POTATO

Yuki Chan and Yanny Tsui 1C

This was a colourful and creative dish, made even more interesting with the addition of kiwi fruit in the sandwich.



BECOMING VEGETARIAN DID YOU KNOW?

- Hongkongers eat on average 664 grams of meat per day.
- That's three times the recommended daily amount.
- Hong Kong's residents are among the biggest meat consumers in the WORLD.
- It is the main reason for Hong Kong's high greenhouse emissions per capita.
- Beef and pork are consumed the most.

PLATE 4

EGG MERIGNUE CAKE

Katie Lee 3B and Anna Li 3A

These two students cleverly made a cake on a stove-top, with no oven.



PLATE 6

SPAGHETTI WITH YELLOW PEPPER, ONIONS AND CARROT

Kiki Wang 1C and Sam Fong 3A



VEGETARIAN

Someone who does not eat meat or fish.

VEGAN

Someone who does not eat meat, eggs or dairy.

PESCATARIAN

Someone who does not eat meat, but does eat fish.

FLEXITARIAN

A new word for someone who eats mostly a vegetarian diet, but occasionally eats meat.

RAW VEGAN

Someone who only eats vegan food that has not been heated above 115 F.

PLATE 5

SPAGHETTI WITH BROCOLLI, POTATO AND TOMATO

Tony Yip 1C and Lee Po Yan, Poly U

Both of the Spaghetti dishes were tasty and super healthy.



THE JUDGING PANEL

Led by Vice-Principal Chan To Kin



Jim Tse 5A

STOP PHUBBING

What is 'Phubbing'? Phubbing is the acting of 'snubbing' someone in a social setting with you mobile 'phone'. This can be while having a meal at a restaurant, sitting with someone on a train, or at a family gathering. A recent report from the United States gave the statistics that an average restaurant will see 36 cases of phubbing per dinner session and that 87% of teenagers would rather communicate via messaging than face to face.

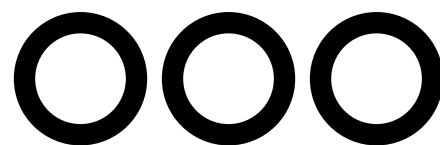
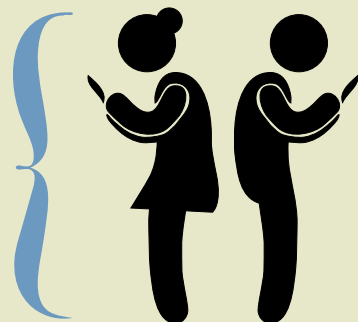
Why do so many people keep looking at their phones in a social setting? Phones have become part of our everyday lives, including messaging friends, using them at work and playing games. If people see others using their mobile phones, they start using their own phones more too. This effect is called conformity behaviour.

Nowadays, there are many social media apps for us to chat online. We can chat with each other instantly even if we are apart. Many people like to watch videos from different people through YouTube. Mobile games have become more popular recently. People easily become addicted to the games and so they keep using their phones instead of interacting.

This social issue has led to many problems. One of the problems is that when you are phubbing someone, they will feel downcast. According to the website 'stopphubbing.com', 97% of people claimed their food tasted worse when they were a victim of phubbing while eating. While eating, if your friends or family just use their phones, the feeling is a lack of respect for you. This may lead to anger and can make relationships worse.

So, many people think that phubbing should be stopped. But how do we stop it? The answer is to be self-disciplined. Give respect to others, don't just selfishly use your phone while you are with others, eating, walking, or just hanging out with friends. Put down your phone. Speak to others and listen to them.

When we go out into the world, we should leave our distractions behind us. This includes looking up from your phone, shutting down the display and living life the real way.



DIAMOND POEMS

By Class 2C

Diamond poems have two opposite words at the beginning and end. They are unrhymed and made up of seven lines. The poems are actually called 'diamante', which is the Italian word for diamond. The classic sequence of diamante poems is: Lines 1, 4 and 7 have nouns; Lines 2 and 6 have adjectives; Lines 3 and 5 have verbs. Students in 2C made their own diamante poems in an English lesson. They first thought of pairs of words that are opposites for the first and last lines. Then they brainstormed as many words as they could about those two words. Finally, these words were arranged into the diamond shapes you can see on this page.

sea
dark blue
sparkling swimming washing
ferry fish people tree
hiking running walking
dry hard
land

summer
hot sunny
swimming raining travelling
sun holiday Christmas frost
freezing skiing snowing
cold dark
winter

dog
smart strong
loyal handsome kind
happy friendly funny furry
active eating lazy
cute lovely
cat

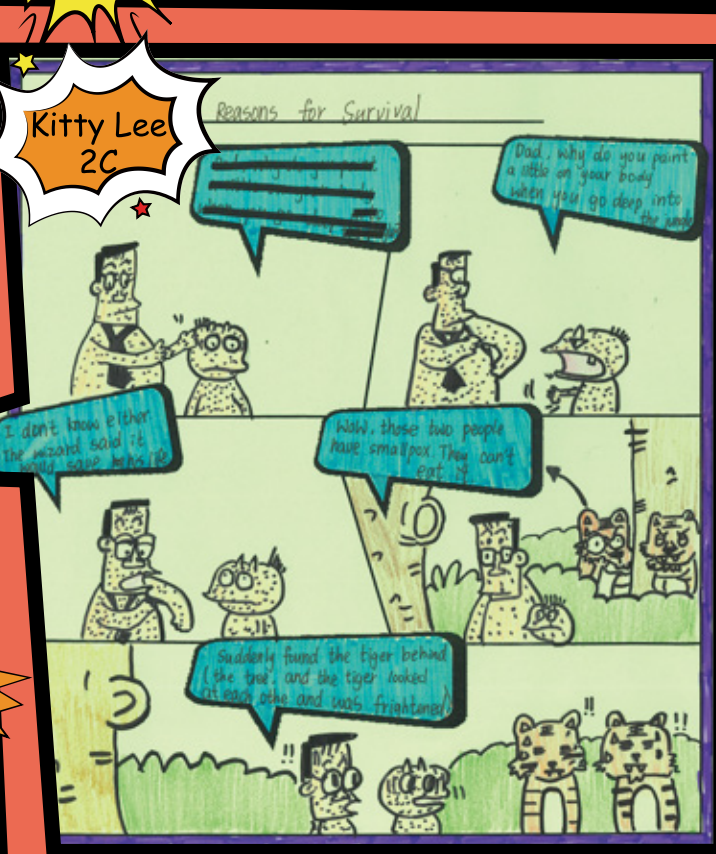
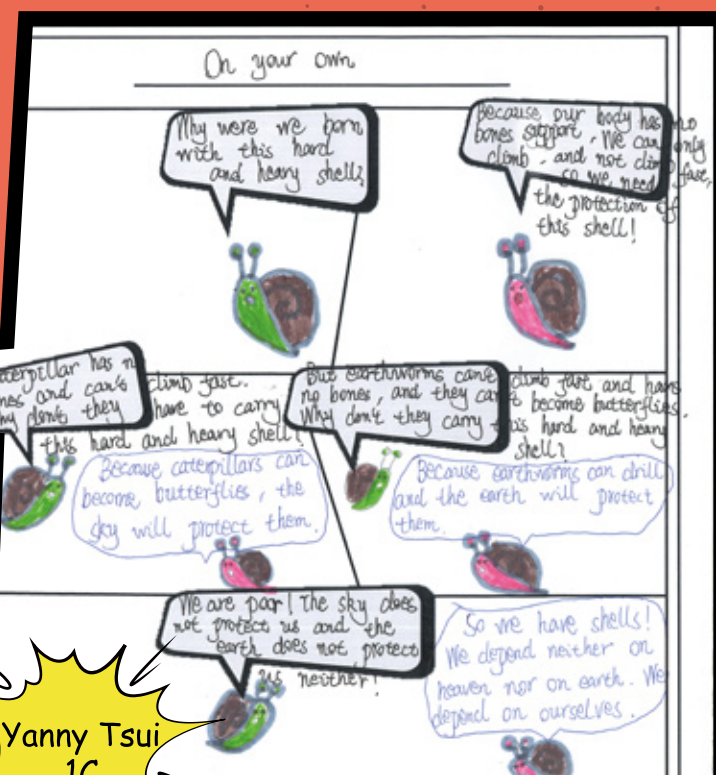
student
happy teenage
learning studying growing
male female guide love
working marking teaching
adult older
teacher

water
cold blue
flowing splashing sparkling
sea river fuel burner
burning flaming smoking
red hot
fire

snow
cold freezing
skating playing throwing
snowflake Christmas water fireman
fighting boiling burning
hot red
fire

Poems (from left to right at the top)
by 2C: Sally; Sunny; Bread and May;
Victor and Anson; Monde and Evan;
Katrina.

TWGHs C.Y. Ma Memorial College Reading Award Scheme CREATE A COMIC STRIP



SAVE OUR WORLD Environment Posters



By Annie Tse 2C

LEND A HAND

Student writing about helping others

Today is Monday, and it is my birthday. So, I decided to do some meaningful things for the day. I started to do good things from the morning.

When I went to school, I saw an old lady carrying a lot of things and walking up the slope. She looked like a turtle when walking because she was carrying a massive burden on her back. The old woman was sweating and her slim body could not support the burden. I decided to assist her in carrying her things up the slope. After that, the old woman commended me, 'You are a helpful and kind student. Thank you very much!' I think I was successful because I did one good thing on the way to school and got praise from the old woman. I became confident to help more people on this day.

Just arriving at school, I saw a teacher. I thought she was not feeling good. She looked very stressed and deep in thought when she walked past me. I asked her a question, 'Why are you looking stressed? Are you facing some problems?' The teacher said, 'Yes, I have some problems. On Sunday I need some people to help me do a booth. Can you help me and find some people to help?' I responded to the teacher that I could help her and I could see the stress lift from her face.

In the afternoon, I picked up a water bottle in the playground and I asked around if anyone had lost the bottle but it didn't belong to anyone. Ugh! What should I do? Suddenly, I got an idea. I tore off some paper for the homework, and wrote, 'Whose cup is this? Big brother or big sister who can't find your cup, please come and claim it.' Then I put the note on the cup and put it in a conspicuous place. After school, I went to the playground and looked around. I found that the water bottle had gone, but there was a small note where the original bottle was placed. It read, 'Thank you, little schoolmate!'

When I got home, I walked down the street. I saw a college student who had noticed a street sleeper on the street, and he had bought a food lunchbox for him, hoping to help him a little. After seeing this, I thought that good deeds are not necessarily big. It is not necessary to publicise it. As long as you do something good, something good will happen. There are so many good people and good things in life, just waiting for you to discover them!

Through today's observations, I have witnessed the effects of performing good deeds, and I have many feelings and inspirations in my heart. There are many good people in life, which is worth praising. After experimenting with good deeds myself, I have learnt a lot from them. In the future, I will be honest and trustworthy, and try my best to make a reality of selfless dedication, courage, modesty and kindness.

This article was a TWGHs C.Y. Ma Memorial College submission to the TWGHs Good People, Good Deeds: English Writing Competition 2018.

By 4C Students

LOVE LETTERS

Dear ??
Did I ever tell you I love you.
When I first saw you, I found that you were different from other girls.
I am the phonecharger, you are the mobile phone.
I feel like our love is stronger than diamond.
.....
My favourite time of day is when my eyes shine when you look at me.
I love you because every time I look your way, my heart skips a beat and you have taught me the meaning of love.
.....
I promise you that I will love you till death do us part.
Love,
Steve

Dear ??
Did I ever tell you I love you.
When I first saw you, I found that you were different.
I am the sun, you are a flower.
I feel like our love is stronger than diamond.
.....
My favourite time of day is when I'm with you. I would be happy for a whole day.
I love you because you have a lovely face and smile.
Without you I would be lost, you are my love.
.....
I promise you that I will love you forever.
Love,
Thomas

Dear My future girlfriend,
Did I ever tell you I secretly fell in love with you.
When I first saw you, I felt so shy.
I am the lock, you are the key.
I feel like our love is more important than anything.
.....
My favourite time of day is when I am with you. I cherish every moment with you.
I love you because I cannot live without you.
.....
I promise you that I will not let you go and will always stand by you.
Love,
Paco

TWGHs C.Y. Ma Memorial College 25th Anniversary Open Day 2019

As part of the school celebrations this year, the Anniversary Open Day was held at the beginning of 2019. The atmosphere was warm and welcoming and a great time was had by all.



Open Day games and activities around the school.



Singers and music from the school band during the Open Day.



Table tennis in the school hall



Tree climbing



Open Day basketball competitions



Congratulations to all the Primary School participants and winners.



On the evening of Saturday 12th January, it was a great honour and pleasure to welcome school associates and alumni to the 25th Anniversary Reunion Gathering.



SCHOOL EVENTS

February 28 & March 1, 2019

SPORTS DAY 2019

At school we often talk about the benefits of sports for our students. On Sports Day, the whole school has the opportunity to maximize these benefits. It is always a highlight of the school year for students, and along with all the track and field events, it is great fun too. Let's all enjoy sports and stay fit at school.

PHOTO ALBUM

These images capture moments of endurance, pride and triumph as students compete against each other, but also work as one school together. The expressions on students' faces define some of the energy and joy that brings us together.

Running and Relay



Open Event 1,500m race



Jason 3C



100m boys race



Junior Form boys



Jason & Timothy 5B



Junior Form girls

High Jump



Sunny 3C



Kris 3B

Long Jump



Long Jump Helpers



Candy 3C

Hurdles



Samuel 2C & Moses 3B

Discus



Cherry 5C

Shot Put



Nelson 5B

Javelin



Hiuch 6B

Cheering from the stands.



Stretching before competing.



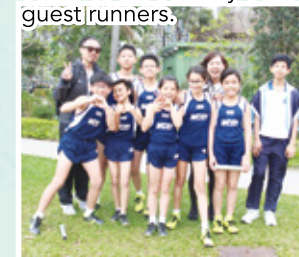
The performance of the Flag Raising Group makes the school proud.



Members of the Scout Group at the end of Sports Day.



Some of the Primary School guest runners.



Red House celebrates their performance.



The House Cheering Teams.



Wong Kam-po, world champion racing cyclist and Sport Legacy's Programme Development Executive, makes an address at Sports Day.



PTA members join Mrs Lau Ho Man Wai, Senior School Development Officer (Yuen Long), EDB, and Mrs Leung Yuk Wah, Principal of HKMLC Wong Chan Sook Ying Memorial school (next to cake).



The Principal leads a ceremony to decorate a cake celebrating our school's 25th Anniversary.



TUNG WAH EVENTS

TUNG WAH JOINT SCHOOLS ENGLISH SUMMER CAMP 2018

Every year the Tung Wah Group organises an English Summer Camp for students selected from all 18 secondary schools. Nine students from C.Y. Ma took part this year. The camp aims at creating a fun and authentic learning environment for students. The tutors come from Oxford and Cambridge Universities in England. The camp lasts for two weeks, with participants staying at the Hong Kong Adventist College in Sai Kung. The theme for this year's camp was 'Low Carbon Footprint'.

I was so happy to join this English Camp and I learnt a lot of English. Before the camp I was very shy about speaking English with others. But during this camp, we had to speak English. I slowly began to speak English with people and then I began to feel I could speak English as long as I was relaxed. We had classes every day, with three different classes and teachers in the morning, then we could have lunch and go to the dormitory to rest. Then in the afternoon, we had activities like drama and wrote a diary. We also played football, basketball, badminton and sometimes we had dance. The dance was strange and like a fitness class. On other days we had art classes. When I first went out with others for team activities, it felt strange. At first, I felt like I was going to get fat, because we ate so much at meal times. But I liked the food so much!

Ruby Ma 3C

I realised that many people on this camp have learnt a lot of English. Through the various activities of the teachers, I feel that English is not a terrible thing. At the camp I could boldly speak English at the beginner-level in group activities. When I felt I had nothing to say, I was encouraged by the English teachers. I bravely participated in the activities with my friends at the camp and found that everyone else had their own strengths and weaknesses. The most profound thing was getting along with class and group mates and the happy moments at gatherings. I hope that I can continue to work hard at my English and get better.

Moses Mo 3B



3 – 16 July 2018



Besides learning English, students make friends with students from other Tung Wah schools and the tutors from England. Here, our student share their reflections on the camp experience.

Preparing to leave to go to the camp from TWGHs Yow Kam Yuen College in Shatin.



Watching a performance by the camp tutors on stage in the hall.



I wasn't sure about being a student at the 2018 English Camp. I wanted to quit the day before I went because on this camp I would miss some school activities with my classmates. However, after attending, I felt that the days of this camp were so good. I was wrapped up in experiencing different activities and the time went fast during these 14 days. At the beginning of the camp I was reluctant to integrate with my group. But now I want to say that then I found each of them was friendly and that their interests were close to me. Also, the tutor was willing to go crazy with us. I was really happy to be a member of my group. There were lots of activities for us, including daily one-on-one tutoring, three English lessons, other lessons like dancing, table games, indoor ball games etc. We also visited the Wetland Park, Kadoorie Farm, and the Shueng Shui Kitchen Waste Recycling Centre, which opened our eyes. I would like to thank the Tung Wah Group of Hospitals for providing this opportunity to enhance English.

Ming Tran 3B

It was good having English lessons with a foreign teacher. I learnt about the history and festivals in England and English school life. Every afternoon we had one-to-one speaking of English with the English teachers, but this was difficult. I liked playing basketball and football in the afternoon because I could have a break from speaking English. I made a lot of friends at this camp and we liked the evening activities in the school hall like watching English movies and disco dancing even though we didn't know how to dance. I think my English improved in all aspects on this camp and I am no longer afraid to speak English. If I had a chance, I would be the first to join this camp again.

Kenneth Liu 3B



Students could play football and basketball in the afternoons.



Miss May Tang, the Principal and Miss Pamela Chan join students at an art class during a visit to the camp.



Miss May Tang and Miss Sally So enjoy the view from the school.



C.Y. Ma students at the camp (from left): Timon (3C), Moses (3B), Eally (3C), Kenneth (3B), Phoebe (4A) and Ruby (3C).



The Camp Canteen – the food is vegetarian. Students are often surprised at how much they like the food. Each day, different groups of students help with serving up.



C.Y. Ma teachers and students.

PUZZLE PAGE

SUDOKU

Easy

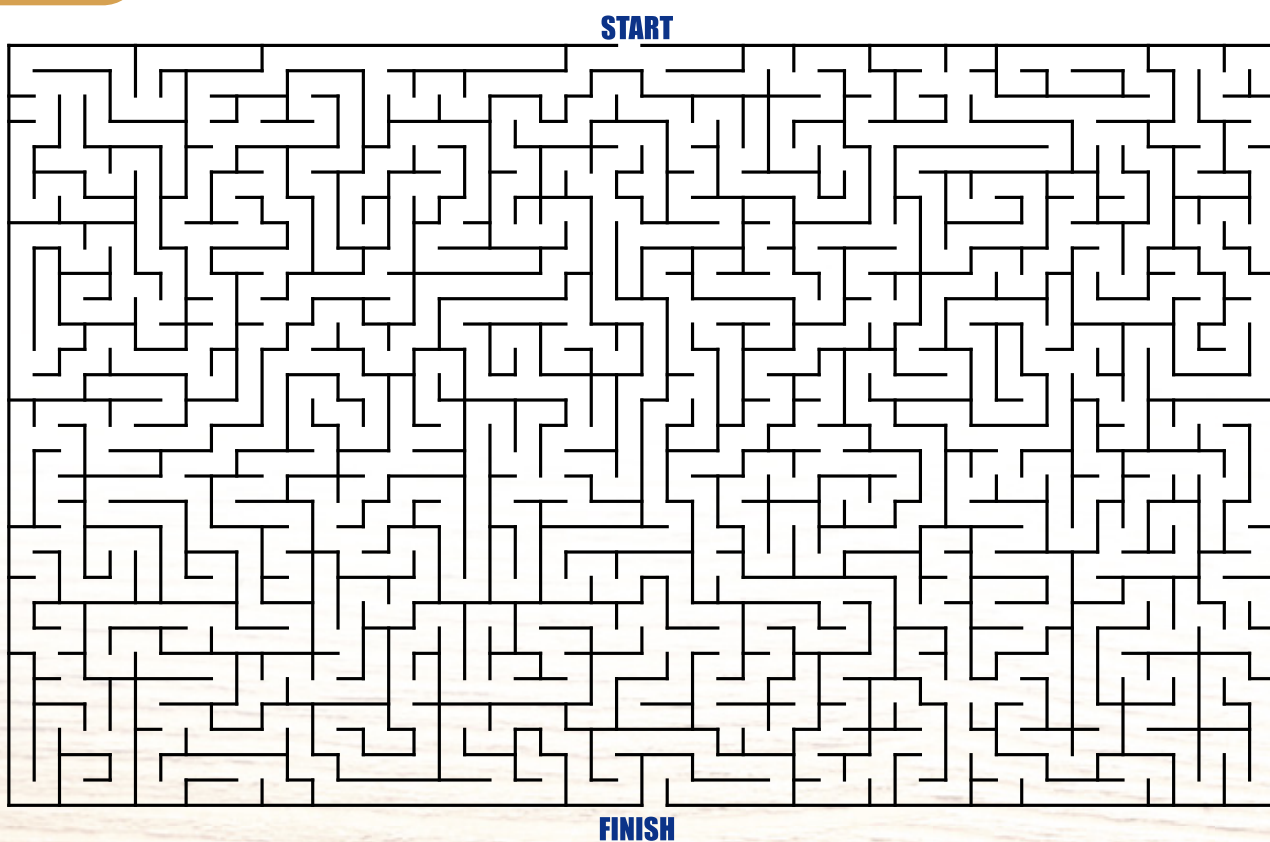
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		2	1	6		3		
					5		1	
1		5	9	3				4
		8	6	2				3
9		3	4				8	6
3			2		9	5	6	
						8		
7	8	6			3	2	4	9

Difficult

1	5	7	3		8			
		4				1	7	
				1	7		6	
	4	3	2		1	7		9
		8	6	7				1
			9			6		8
7	1					3	2	
			1					7
		6			3			4

MAZE

Draw a line from start to finish without crossing any of the lines.



WORD QUEST

Using just the letters in the word below, can you make at least 12 new words? RULES: You may only use a letter as many times as it is shown in the key word. Each word must be at least 3 letters long. GOOD LUCK!

ANNIVERSARY

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ANNIVERSARY WORD SEARCH



R	T	P	P	T	I	L	K	F	Z	Q	T	V	W	I	T	W	P
N	V	N	N	I	I	N	I	B	D	S	A	I	F	S	O	I	P
C	E	R	E	M	O	N	Y	F	A	Y	X	U	U	N	G	W	D
L	Z	F	M	D	O	R	B	P	E	I	S	D	T	O	E	C	Q
D	B	C	Y	U	U	I	Q	C	M	L	H	I	U	I	T	O	T
U	G	W	Y	R	R	T	R	F	E	K	O	N	R	T	H	U	J
B	K	C	X	T	A	E	S	T	E	B	L	N	E	A	E	H	G
O	Y	B	H	H	H	S	A	I	J	S	N	N	G	R	R	H	O
H	R	D	A	C	E	R	R	H	Z	D	Y	G	M	O	F	X	V
W	A	P	A	H	B	O	N	E	Y	N	L	A	I	C	E	P	S
Y	P	E	S	E	J	O	Y	J	V	E	W	T	S	E	U	G	S
Y	T	Y	L	S	C	H	O	O	L	I	E	R	C	D	G	C	S
Y	R	E	E	Y	F	G	L	C	B	R	N	A	A	C	D	R	V
Q	C	F	E	S	D	Q	P	M	B	F	L	N	L	E	Q	F	R
L	N	G	K	U	R	J	I	A	X	H	D	A	A	U	Y	R	U
G	Z	Z	A	K	C	N	S	R	G	K	U	B	G	F	M	J	P
C	N	E	C	K	P	V	G	M	N	N	Z	D	H	E	F	N	C
U	B	T	E	J	V	C	L	G	S	G	Y	B	O	C	L	S	I

How fast can you find all the words?

CELEBRATE
SCHOOL
ANNIVERSARY
HAPPY
FRIENDS

SPECIAL
STUDENT
DECORATIONS
GUEST
ALUMNI

CEREMONY
CAKE
LIFELONG
YEAR
TEACHER

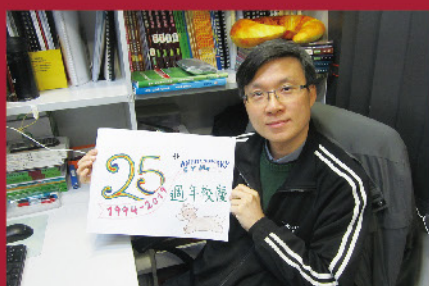
JOY
TOGETHER
BIRTHDAY
PAST
FUTURE

ALOHA

TWGHs C.Y. MA MEMORIAL COLLEGE ENGLISH MAGAZINE



The 25th Anniversary of TWGHs C.Y. Ma Memorial College marked a proud milestone for our school. We reflected on our past, celebrated a wonderful year together and looked forward to even greater achievements in the future. Teachers, students, and all school staff worked hard to make the anniversary year extra special. Here you can see just some of our teachers and also Class 3C holding up posters for the anniversary.



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